



NAOC 2014 - LONG				
M12, F12				
1	2.4 km	30 m		
▽		↗	↘	
1 189		↘		↘
2 190	↓	↘		↘
3 191	⊗			
4 192	≡	↗	×	
5 193	↖	↘		↘
6 194		↘		↘
7 196		↘		←
○ --- 180 m --- ○				
8 197	⊗			Q
9 238	↘	↘		↘
10 195	→	↘		↘
11 241	↗	↘		↘
12 33		↘		←
○ --- 110 m --- ○				



ARNPRIOR
WHERE THE RIVERS MEET



Course setter: Brian Graham
Controller: Richard Guttormson
Mapper: Bill Anderson, 2014 with updates
to the 2010 BA and Brian Chubb south section.

Special Symbols:
× pile of debris
× rootstock >2m
Safety bearing is East

Carp Ridge - Hidden Meadow Farm

An Orienteering Ottawa map. Made for sport.

Scale: 1:10 000 Contour Interval: 2.5m