



NAOC 2014 - LONG				
F55, F65, M75				
	5	2.9 km	65 m	
	▷	↗ ↘		
1	233	≡		⊙
2	226	≡	2.5	
3	237	↑	≡	⊙
4	230	≡		⊙
5	178	≡		
6	231	⊙		⊙
7	33	↗		◁

○ — 110 m — ⊙



ARNPRIOR
WHERE THE RIVERS MEET



Course setter: Brian Graham
Controller: Richard Guttormson
Mapper: Bill Anderson, 2014 with updates
to the 2010 BA and Brian Chubb south section.

Special Symbols:
× pile of debris
× rootstock >2m
Safety bearing is East

Carp Ridge - Hidden Meadow Farm

An Orienteering Ottawa map. Made for sport.

Scale: 1:10 000 Contour Interval: 2.5m